

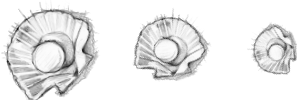
CASTAWAYS

NIBBLES:

Olives (vg)	£4
Bread, oil & balsamic (vg)	£4

STARTERS & SMALL PLATES:

Crab croquettes	£10
Red pepper salsa, pickled slaw	
Cornish scallops	£13
Black-pudding, cauliflower & roe puree, watercress puree	
Smoked haddock fritters	£9
Horseradish mayo, pickled slaw	
Wild mushroom arancini (v)	£8
Truffle mayo, pickled slaw	
Sweet potato fritters (v)	£8
Mixed leaf & red pepper jam	
Mussels a la creme	£9
Westcountry mussels in white wine, onion & cream, with bread	



PIZZA:

12" hand stretched with a tomato base
Gluten free bases available £2

Margherita (v)	£13
Cheddar & mozzarella	
Garlic butter & tomato (vgo)	£11
Add cheese £2	
Pepperoni	£14
Spiced sausage with cheddar & mozzarella	
Napoli	£14
Anchovy, capers, olives, mozzarella & cheddar	
Mediterranean (v)	£14
artichoke, red pepper, red onion, cheddar & mozzarella	

PLATTERS & SHARERS:

Meat platter	£15
Cured meats, manchego, balsamic onions, olives, smoked artichokes & bread	



MAINS:

Crab & chilli linguini	£18
Mylor crab, spring onion, sun-dried tomato & hazelnut pesto. Add parmesan £1.5	
Mussels & fries	£18
Mussels in white wine, onion & cream	
Seafood chowder	£18
Smoked haddock, bacon, white fish & mussels in a creamy veg sauce. with bread	
Fish & chips	£17
Beer battered cod, crushed peas, tartare, lemon, chips	
Sirloin steak	£26
8oz, dauphinoise potatoes, dressed salad	
Market fish	£?
See specials for today's fresh fish	
Double beef burger	£14
Baby gem, tomato, gherkin, burger sauce in a brioche bun, fries	
Add bacon/cheese £1 each	
Redefine plant burger (vg)	£14
Plant based 'vegan beef', baby gem, tomato, gherkin, red pepper jam, in a brioche bun & fries.	
Add vegan smoked cheese £1	
Pumpkin & sage ravioli (vg)	£14
Sun-dried tomato & hazelnut pesto	

SIDES:

Fries or Chips	£5
Parmesan & mixed leaf	£5
Today's Veg	£5
Extra Bread	£3

• If you have a food allergy, intolerance, coeliac disease or any dietary requirements •
please speak to the staff about the ingredients in your food and drink **before you order**.
(gfo) gluten free option available (vg) vegan (v) vegetarian (vgo) vegan option available.